



# Portland NEUROSURGERY

JEFFREY P. JOHNSON, M.D., FACS  
Physician & Surgeon

CARMEL D. WIMBER, PA-C

Providence St. Vincent Medical Center  
9155 SW Barnes Road, Suite 836  
Portland, Oregon 97225

Phone: (503) 291-1960 | Fax: (503) 297-9195  
TIN 93-0768280  
www.portlandneurosurgery.com

## Primary Problem Form – Peripheral Nerve

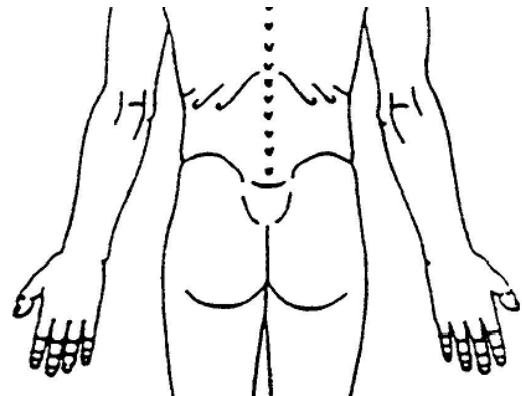
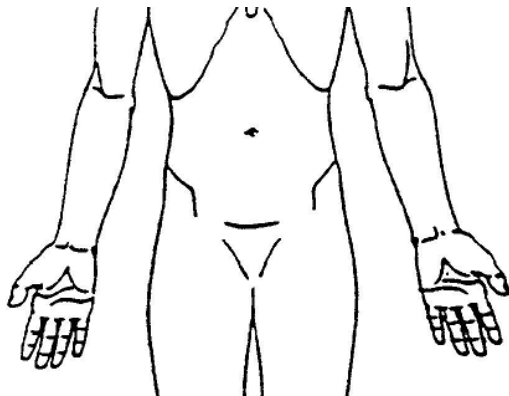
**Briefly describe your symptoms**

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**If you have pain, or if pain was previously part of the problem, please indicate the location**



Do you have **numbness** and/or **tingling**?  Yes  No

Do you have **weakness, loss of strength, or loss of dexterity**?  Yes  No

How long have you had these symptoms? \_\_\_\_\_

Did the symptoms start as a result of an accident or incident?  Yes  No

If so, please describe \_\_\_\_\_

*What makes you pain or other symptoms worse? (Please check all that apply)*

- Night time
- Lifting
- Reaching
- Driving
- Pressure on wrist or elbow
- Writing

- Exercise
- Work
- Activity
- Rest
- Other \_\_\_\_\_

**Please Complete Both Sides!**

What other treatments have you tried for this problem? (Please check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Rest   | <input type="checkbox"/> Chiropractor            |
| <input type="checkbox"/> Ice/Heat   | <input type="checkbox"/> Massage                 |
| <input type="checkbox"/> Anti-inflammatory medications<br>(e.g. aspirin, advil, ibuprofen, aleve, naproxen) | <input type="checkbox"/> Acupuncture             |
| <input type="checkbox"/> Narcotic pain medications  | <input type="checkbox"/> Injections              |
| <input type="checkbox"/> Muscle relaxants   | <input type="checkbox"/> Wrist splints or braces |
| <input type="checkbox"/> Physical Therapy   | <input type="checkbox"/> Other _____             |

Have you missed work because of these symptoms?  Yes  No

**Please refer to the pain scale below**

What is the **current** level of your pain? \_\_\_\_\_

What has been the **maximum** level of your pain? \_\_\_\_\_

<b>Subjective Pain Scale</b>		
	<b>0</b>	No pain. Feeling perfectly normal.
<b>Minor</b> Able to adapt to pain	<b>1</b> Very Mild	Very light barely noticeable pain
	<b>2</b> Discomforting	Minor pain, like lightly pinching the fold of skin
	<b>3</b> Tolerable	Very noticeable pain, like a doctor giving you an injection
<b>Moderate</b> Interferes with many activities.	<b>4</b> Distressing	Strong, deep pain, like an average toothache
	<b>5</b> Very Distressing	Strong, deep, piercing pain, such as a sprained ankle
	<b>6</b> Intense	Strong, deep, piercing pain like several bee stings
<b>Severe</b> Patient is disabled and unable to function independently.	<b>7</b> Very Intense	Comparable to an average migraine headache
	<b>8</b> Utterly Horrible	Comparable to childbirth or a real bad migraine headache
	<b>9</b> Excruciating Unbearable	Pain so intense you cannot tolerate it and demand pain killers
	<b>10</b> Unimaginable Unspeakable	Pain so intense you will go unconscious shortly.

**Please Complete Both Sides!**

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